



**Dementia Intensive Support Service (DISS)  
provides joined-up mental health and physical  
health support for people living with dementia or  
suspected dementia in mid Essex**

The service offers:

- Rapid support for people who are in crisis
- Intensive support and treatment at place of residence
- Signposting to further advice and support

You do not need to speak with health or social care professional to be referred as self-referrals are accepted.

## **CALL:**

**01245 515 313** for advice, support and referral. Our helpline is open 7 days a week: Monday to Friday 9am – 7pm, weekends and bank holidays 9am – 5pm.

**111 option 2** outside these hours if you are concerned about mental health needs.